

MARCH

Truman Early Education 1-2yr Breakfast Menu 2020



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| 2 CHEESY SCRAMBLED EGGS WG TOAST PEACHES MILK | 3 WG BLUEBERRY MUFFIN YOGURT PINEAPPLE TIDBITS MILK | 4 WG MINI MAPLE PANCAKES BANANA MILK | 5 WG MINI BISCUITS & GRAVY STRAWBERRIES MILK | 6 NO SCHOOL |
| 9 WG BREAKFAST EGG TAC-GO APPLESAUCE MILK | 10 WG APPLE CINNAMON OATMEAL BLUEBERRIES MILK | 11 WG CHEERIOS WG TOAST BANANA MILK | 12 CHEESY SCRAMBLED EGGS WG MINI BISCUIT ORANGE WEDGES MILK | 13 WG STRAWBERRY PANCAKES PEARS MILK |
| 16 WG TRKY SAU BREAKFAST PIZZA PEACHES MILK | 17 CHEESY SCRAMBLED EGGS WG TOAST KIWI WEDGES MILK | 18 WG MINI MAPLE PANCAKES BANANA MILK | 19 WG MINI BISCUITS & GRAVY STRAWBERRIES MILK | 20 NO SCHOOL |
| 23 | SPRING BREAK March 20-March 27 | | | 27 |
| 30 WG TRKY SAU BREAKFAST PIZZA PEACHES MILK | 31 CHEESY SCRAMBLED EGGS WG MINI BISCUIT BANANA MILK | Spring Forward | | |



NON-DISCRIMINATION:
All children are treated the same regardless of ability to pay. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, religion, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the USDA, Director, Office of Adjudications, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410

WG - Whole Grain

My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

Happy Birthday Dr. Seuss!



March



Truman Early Education 1-2yr Lunch Menu 2020

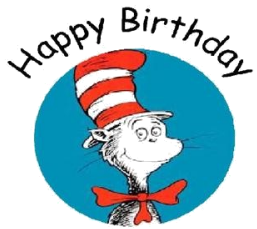


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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| <p>2</p> <p>WG FISH BITES WG MAC & CHEESE MIXED VEGETABLES PEARS MILK</p> | <p>3</p> <p>WG FIESTADA PIZZA GREEN BEANS STRAWBERRIES & BLUEBERRIES MILK</p> | <p>4</p> <p>WG SPAGHETTI W/ ZESTY MEATSAUCE MIXED SALAD GREENS ITALIAN DRESSING ORANGE WEDGES MILK</p> | <p>5</p> <p>WG CHICKEN NUGGETS MASHED POTATOES & GRAVY STEAMED BROCCOLI PEACHES MILK</p> | <p>6</p> <p>NO SCHOOL</p> |
| <p>9</p> <p>WG HOT HAM & CHEESE PANINI GREEN BEANS PEARS MILK</p> | <p>10</p> <p>WG BEEF ENCHILADAS WG MEXICAN-STYLE RICE COOKED CORN BANANA SALSA MILK</p> | <p>11</p> <p>WG CHICKEN SANDWICH SWEET POTATO TRAX MIXED SALAD GREENS ITALIAN DRESSING STRAWBERRY FRUIT MEDLEY MILK</p> | <p>12</p> <p>SLICED MEATLOAF AU GRATIN POTATOES WG HOT ROLL COOKED CARROTS APPLESAUCE MILK</p> | <p>13</p> <p>CHILI, WG CRACKERS, WG CORNBREAD MUFFIN STEAMED BROCCOLI PEACHES MILK</p> |
| <p>16</p> <p>WG CHEESE PIZZA GREEN BEANS PEARS MILK</p> | <p>17</p> <p>WG SHAMROCK CHICKEN NUGGETS MAC N CHEESE MIXED VEGETABLES ROSY APPLESAUCE WG SHAMROCK COOKIE MILK</p> | <p>18</p> <p>CHICKEN & WG NOODLES WG MINI BISCUIT MIXED SALAD GREENS ITALIAN DRESSING PEACHES MILK</p> | <p>19</p> <p>WG BEEF FINGERS MASHED POTATOES & GRAVY STEAMED BROCCOLI STRAW/POM FRZ JUICE CUP MILK</p> | <p>20</p> <p>NO SCHOOL</p> |
| <p>23</p> | <p>24</p> | <p>25</p> | <p>26</p> | <p>27</p> |
| <p>SPRING BREAK March 20-March 27</p> | | | | |
| <p>30</p> <p>WG FISH BITES WG MAC & CHEESE MIXED VEGETABLES PEARS MILK</p> | <p>31</p> <p>WG FIESTADA PIZZA GREEN BEANS STRAWBERRIES & BLUEBERRIES MILK</p> | | | |

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Dr. Seuss



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WG - Whole Grain

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|----------------------------------|
| 2 1-5 YEAR WG CRISPY CHEDDAR CRACKERS MILK | 3 1-5 YEAR APPLESAUCE CUP MILK | 4 1-5 YEAR WG BLUEBERRY LEMON CRISPY BITES MILK | 5 1-5 YEAR ORANGE WEDGES MILK | 6 NO SCHOOL |
| 9 1-5 YEAR WG ORIGINAL GRAHAMS MILK | 10 1-5 YEAR ASSORTED YOGURT 100% APPLE JUICE | 11 1-5 YEAR WG APPLE CINNAMON MUFFIN MILK | 12 1-5 YEAR WG GOLDFISH CRACKERS MILK | 13 1-5 YEAR BANANA MILK |
| 16 1-5 YEAR STRING CHEESE WG CRACKERS 100% APPLE JUICE | 17 1-5 YEAR ORANGE WEDGES MILK | 18 1-5 YEAR WG CHEEZ-IT CRACKERS MILK | 19 1-5 YEAR WG BLUEBERRY LEMON CRISPY BITES MILK | 20 NO SCHOOL |
| 23 | 24 | 25 | 26 | 27 |
| SPRING BREAK March 20-March 27 | | | | |
| 30 1-5 YEAR WG CRISPY CHEDDAR CRACKERS MILK | 31 1-5 YEAR APPLESAUCE CUP MILK | | | |